

Spiritual Evolution: Walking Our Path Together

By

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Have you noticed that in increasing numbers, people are opening to their spirituality? We are sensing an awareness of our alignment with the Universe. We are striving to develop this alignment and our intuition, and are given increasing support by our society. It is no longer an activity or belief that must be hidden. It is now commonplace to find others with whom to share experiences, knowledge and truths. Books are plentiful in bookstores with whole sections (and stores) devoted to the New Age. Movies and TV dedicate stories to this theme with large viewer participation. There is comfort in knowing that others have spiritual beliefs and that we can share our experiences of past lives, chakras, medical intuition, angels, spirit guides, spiritual counselors, meditation, etc. without fear of alienation and isolation.

Spiritual evolution happens through the growing awareness within each of us that we are not in isolation. With this insight comes recognition of the importance for us to care for our environment and each other.

Our sense of our evolutionary experience is abstract and intuitive. If we trust our inner knowledge we will find our answers and inner peace. Spiritual leaders and gurus can be beneficial for us to support our opening and our awareness of our own personal knowledge, but we can also make our way through this development on our own, or in the company of others, walking along our new path.

As we develop peaceful contacts with each other and within ourselves, the positive vibrations increasing across our planet bring ever-greater positive changes. Surround yourself with positive people as often as possible. Evaluate your friendships, relationships and employment. Seek connection with your Universal Source to increase feelings of love and self-worth. This can be done in meditation as well as prayer. Do inner work through the use of self-help manuals, therapy and friends to improve any negative relationships in which you are currently involved.

Being in positive surroundings raises your vibrations, which enhances all aspects of your life and increases your intuition. In return, your positive vibrations encourage others to raise their vibrations and increase their positive behaviors. This ultimately has an exponential effect. The positive energy of each of us forms together to create a global effect for positive change.

What is our role in spiritual evolution? We must release ourselves from assumptions of how things should be. If we open to knowledge and love we will find the answers for our personal and global future. Writers and speakers show us the way and allow us affirmation of what we believe, of what we do, and of what we know.

Step forward and listen. What does your internal wisdom say? Heed your call and follow your head as well as your heart. This is our evolution. You are walking with others as you move in new directions. Fear not the path and do not fear the outcome. You do not walk alone. You walk with numerous others who are evolving with you. Reach out to find them. Support each other and always listen within. We are striving for peace. We are supporting humanity. Together we are creating a new pattern for living - assimilating the metaphysical with the physical. Together, we can support Earth's children as they find their way on their paths and support each other as we follow our internal wisdom, and our hearts.

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